

Marshall Football
“Where Statesmen will lead, play and serve with P.R.I.D.E”



Greetings Future Statesmen

We are excited to welcome you to our school, our team our family. Our Marshall P.R.I.D.E (Personally Responsibility In Developing Excellence) guides us in all we do. We train to excel on and off the field. Now it's your turn!

Future Statesman Athlete Conditioning Program

“Champions do not become champions when they win the event, but in the hours, weeks, months and years they spend preparing for it. The victorious performance itself is merely the demonstration of their championship character” Alan Armstrong

It is time for us to start preparing for the Championship NOW!! Your dedication and commitment to Off-Season Training will determine how successful we are this year on the field. All future Statesmen athletes are invited to join our voluntary training program starting on **March 10th at 5:30-7 pm**. The workouts are Tuesday-Thursday during this time, unless canceled due to inclement weather or other school activities.

Statesman Football Parent Meeting

All parents & students are invited to our Football Parent Meeting, Thursday, April 2nd at 7 PM in the Marshall Cafeteria (between entrance #13 and #5). Head Varsity Football Coach Jason Strickland will give the overview to parents and students on our program throughout the months of March-July. He will also provide a brief overview of Marshall Freshman football. The meeting should last about an hour or so. Prior to participating in the program parents/students must read, complete and submit the following forms to Coach Strickland:

1. The Weight Room Use Form found at: www.gcmstatesmensports.com under (files and forms). Hard copies will also be available at the March 10th workout and April 2nd meeting.
2. The Emergency Care Card can also be found at www.gcmstatesmensports.com under (files and forms) Hard copies will be available at the April 2nd meeting.
3. In addition, anyone interested in playing freshman football is encouraged to complete the Marshall Football Player and Family Information Sheet, found at <https://tinyurl.com/gcmfbinfo>

Questions on the March 10th workout, April 2nd meeting and/or freshmen football should be directed to Coach Strickland at 202-321-9995 (cell) or jstrickland@fcp.edu. Please share this notice with all interested families.