Self Advocacy & Being Proactive StS Lesson 2/2/18

Slide 2: What is self advocacy?

- **SAY:** "What is Self Advocacy?"
- **SAY:** "Self-advocacy is learning how to speak up for yourself and learning how to make your own decisions. It's being able to problem solve, knowing when to ask for help, and having the ability to listen to others."

Slide 3: Video

- **SAY:** "Today we will watch a quick video about a student who has overcome many obstacles. This student has advocated for herself and by doing so has become a successful student."
- You can click on the triangle to start the video within the slideshow or you can click on the link to show the video in a new window.

Slide 4: Things to think about

- Read the slide and review the questions with the students.

Slide 5: Thinking about yourself

- **SAY:** "In order for us to advocate for ourselves we need to think about our needs."
- Have students answer the questions on Slide 5 on a piece of scratch paper, or they can think about them.

Slide 6: Dig Deeper

- **SAY:** "Now that we have thought about some broad categories of becoming more self aware, now it's time to get specific."
- Think back to the goal setting lesson, did you set any goals for yourself that you may need some help achieving?

Slide 7: Helping Alexa

- Read the scenario on the slide. Use the questions on the slide to guide the students in a discussion.

Slides 8: Your turn

- Have students get into pairs, or groups of three. Students will need a piece of paper at this point. Have students create a story about a character that needs to advocate for themselves. When students are done with this have them share out their stories to the class, or within groups.

Slide 9: Becoming your own advocate

- Read the slide to the students. Remind them that course selections are coming up or may have already happened for high school. Have a conversation with students about making the right choices and advocating for themselves in high school when classes become more difficult.

Click here to leave feedback.