

PERSISTENCE & MINDSET

SLIDE 1: Introduction Slide

SAY: "Today we will be talking about being persistent and facing challenges with a positive, growth mindset."

SLIDE 2: Definition of Persistence

Invite students to silently read the definition of persistence on Slide 2. Next, ask a volunteer to read it out loud.

SAY: "Is there another example of persistence that you can think of?" *Wait for student responses and call on volunteers. Provide your own example if/when necessary.*

SLIDE 3: Doogie Tries to Make Friends

SAY: "Now we will watch a video. In this video a young puppy named Doogie tries to make friends with a cat. As you watch, make mental notes of specific examples of Doogie's persistence." *Play the video.*

SLIDES 4: Table Talk or Shoulder Partner

SAY: "With a shoulder partner or in table groups, work together to answer and discuss the questions on this slide. Be prepared to share your answers." *Walk around and listen to students' discussions. When you hear a lull, go over the questions one at a time and ask students to share their answers out loud.*

SLIDE 5: Be FIERCE!

SAY: "You all saw this slide and learned this acronym in 7th grade. To be persistent, you need to be fierce!" *Read through the acronym out loud or ask for student volunteers to do so. Ask students if they need any clarification.*

SLIDE 6: Challenges & Setbacks

READ *Slide 6 out loud to your students. Ask for a volunteer (or two) to share. Share your personal experience or example if you feel comfortable.*

SLIDE 7: Positive Mindset

Invite students to read Slide 7. **SAY:** "Persistence and mindset go hand in hand. When we face a challenge, in order to be persistent and overcome that challenge, we must approach it with a positive, growth mindset."

SLIDE 8: Growth Mindset Video

SAY: "Now we will watch a video about how to develop a growth mindset. Before we do, what do you all think a growth mindset is? What are its characteristics? What does it mean to approach a challenge with a growth mindset? How might we develop a growth mindset?" **PLAY** *the video.*

SLIDE 9: Growth vs. Fixed Mindset Statements

SAY: "Take a minute to read over these growth versus fixed mindset statements. As you read, think about changes you could make to your own mindset over the next few weeks."

SLIDE 10: Reflection Questions

SAY: "We will go over these reflection questions as a class. Take a moment to read through them and think about your answers." *After you have given students time to read over the questions silently, ask for volunteers to share their answers beginning with question 1.*

