

SLIDE 1: Introduction Slide - **READ** the slide, then **SAY**: “Today we are going to revisit the goals that we set for ourselves during first quarter and reflect on our progress.”

SLIDE 2: Today’s Agenda - **SAY**: “First, we are going to reflect on our first quarter goals. Then we are going to do a Goals Glow & Grow. We will also discuss what makes a goal measurable and specific. Finally, we will set measurable, specific goals for fourth quarter.”

SLIDE 3: Learning Targets - Read over today’s learning targets or ask a student to volunteer to read them.

SLIDE 4: Do Now - Read the slide and click the timer while students silently reflect on their first quarter goal/progress.

SLIDE 5: Goal Glow & Grow - Pass out the handout with the Glow & Grow side face up. Give students 5-7 minutes to write down what they did well on the way to achieving their goal (glow) and what they need to continue to work on (grow).

SLIDE 6: Why Set Goals? - Read the slide or ask a student to volunteer to read it.

SLIDE 7: All Kinds of Goals - Read the slide or ask a student to volunteer to read it.

SLIDE 8: Areas for Goal Setting - Read the slide or ask a student to volunteer to read it. Ask students to give an example of specific goals for each of the areas.

SLIDE 9: Measurable & Specific Goals - Read the questions on the slide one at a time. Pause to give students time to discuss their thoughts/answers to each question with a shoulder partner or as a table group. Invite students to share their responses as a whole class.

SLIDE 10: Measurable Goals - Read the slide or ask a student to volunteer to read it.

SLIDE 11: Specific Goals - Read the slide or ask a student to volunteer to read it.

SLIDE 12: Achieving a Goal - Read the slide or ask a student to volunteer to read it.

SLIDE 13: Goal Check-In - Read the slide or ask a student to volunteer to read it. Ask students if they can think of an example of a personal goal that changed over time.

SLIDE 14: PERSIST! - Read the slide or ask a student to volunteer to read it.

SLIDE 15: Be F-I-E-R-C-E! - Read the slide or ask a student to volunteer to read it. Remind students they have already learned this skill in another StS lesson.

SLIDE 16: Goal Examples - Read the slide or ask a student to volunteer to read it.

SLIDE 17: Your Turn - Read the slide. Then, ask students to turn over the Glow & Grow handout to complete the 3rd Quarter Reflection & 4th Quarter Goal Setting. Allow students as much time as they need. Invite students to share a goal.

SLIDE 18: Learning Targets - Read the targets one by one. Ask students to provide one example for each of the targets in order to see if you all have met them. Revisit any of the targets if necessary.

NOTE: Teachers, please collect the Glow & Grow handouts from your StS students and put them in any of the following teacher's mailbox: Chelsea Alley, Katie Cole-Kelly, Michelle Gabro, Alice Gnall or Jillian Rouse

Click [here](#) to leave feedback.