

# 7th Grade Working Memory – September 25 Teacher Script

## Slide 1: Introduction Slide

**SAY:** “Today we are talking about Working Memory. This is part of your short term memory that helps you hold on to information long enough to use it. Working memory also plays an important role in concentration, in following instructions and remembering details.”

## Slide 2: Working Memory link

**SAY:** “We are now going to watch a short video to give us more information on working memory and see some examples of how it is used in our everyday lives. Stay tuned for working memory tips while you play video games!”

*Show video. It is 3 minutes long.*

## Slide 3: What is Working Memory and How Do We Use It

**SAY:** “Let’s recap what working memory is – It is a skill that helps you remember information. It also helps you follow multi-step directions, solve multi-step problems and it allows you to recall information for later use.”

“We use working memory when we learn how to play a new sport, when taking tests and when preparing for future events.”

## Slide 4: Techniques to Help Improve Your Working Memory

**SAY:** “Here are some games/activities that you can do to help improve your working memory: crossword puzzles, word scrambles, memory games and Simon Says. How many of these have you done within the last 3 months? Show me with your fingers. Can you think of any other games or a activities that would help improve your working memory?”

## Slide 5: Memory Game Links

**SAY:** “Now, let’s see how good your working memory is. As you watch this video, please remain quiet and do not talk. At the end of the video, you will be asked 7 questions. Count on your fingers how many questions you answer correctly.”

*Click on the Game 1 video link. It is 2:17 minutes long. You may have to skip an ad. You may want to pause the video after seeing question 5 to give students time to think of answers.*

*After watching the Game 1 video link: **SAY:** “How did you do? Show me with your fingers how many questions you answered correctly.” Have a discussion with your students about what was easy and what was difficult about this activity.*

**SAY:** “Now, let’s try another memory game involving numbers. You will need a pen or a pencil and something to jot your answers down on. You can use a page in your planner.”

*Click on the Game 2 video link. It is 2:33 minutes long. You may have to skip an ad.*

*After watching the Game 2 video link: **SAY:** “How did you do on this one? Show me with your fingers how many points you earned.” Have a discussion with your students about what was easy and what was difficult about this activity. Discuss if this activity was easier or harder (more challenging) than the previous memory test?*

## Slide 6: Memory Game – Going on a trip!

*Have the students get in a circle including you! Follow the directions on the slide.*

## Slide 7: Reflect

*Have the students pair up and follow directions on the slide.*

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