

Monday, November 27, 2017

Steps to Success Lesson Outline

Slide 2: Materials

- Students need a pencil, colored pencils and a copy of the schedule handout.

Slide 3: Time Management

- Discuss with the class how we think about our days. So often we jump from activity to activity without thinking about the whole day.
- When we keep things in our heads, we think there is *plenty* of time to accomplish tasks; when, in actuality, we have a lot going on.

Slides 4, 5 & 6: Charting out a Weekday

- Have students *detail* their day, including the things we don't consider taking up time (i.e. dinner)
- After the pieces are labeled, color in the pie chart with colored pencil according to the key
- Have a student volunteer their schedule & discuss as a class at how a typical day looks.

Slide 7: Charting out a Weekend

- Have students flip sheet to the back. They should detail what a weekend day is like
- Fill in their pie chart with colored pencil according to the key
- How much time is spent on school work outside of school (i.e. homework)?
- Is there a time that students can commit to doing homework?

Slide 8: Time Management Tips

- Review the strategies of time management
- Discuss others you may use personally
- What are other ways the students in your class manage their time?

Slide 8: Commit to a time

- Review the information with students.
- Discuss how having a parent on board with the plan will help students turn these into habits.

Slide 10: End

- Have students think: before I go to/ do _____, should I get something done first?

